CLASS DAYS AND TIMES

*BEGINNING CLASSES*

Ice Babies 2yrs – 3yrs/Parent & Me 2yrs to 5yrs
Wednesday 11:00am – 11:30am
Saturday 11:30am – 12:00pm

Tots and Hockey Tots 4yrs to 6yrs:
Tuesday………… 4:30pm - 5:00pm
Saturday……….. 11:30am – 12:00pm

Pre-Alpha & Hockey 1 Class Times 6yrs and up:
Monday………..4:00pm – 4:30pm
Tuesday………..4:30pm – 5:00pm
Tuesday ……..7:30pm – 8:00pm
Friday…………..4:00pm – 4:30pm
Saturday………..11:30am- 12:00pm

Teen / Adult 15 yrs and up:
Tuesday………… 8:00pm – 8:30pm
Saturday………..11:30am-12:00pm

*NOVICE CLASSES*

Alpha/Beta All ages:
Monday…………4:30pm – 5:00pm
Tuesday…………4:30pm – 5:00pm
Friday…………..4:00pm – 4:30pm
Saturday………..11:30am – 12:00pm

Hockey 2 All ages:
Tuesday………… 4:30pm – 5:00pm
Saturday………..11:30am-12:00pm

*ADVANCED CLASSES*

Gamma/Delta All ages:
Tuesday………… 4:30pm – 5:00pm
Saturday………..11:30am-12:00pm

Freestyle All ages:
Tuesday………… 4:30pm – 5:00pm
Saturday………..11:30am-12:00pm

Power Stroking FS1 – FS5
Tuesday………… 4:00pm-4:30pm

*COMPETITION TEAMS*

USFS Open Juvenile Synchro Team…………………Thursday 4:00pm – 4:45pm
Intermediate USFS Synchro Team…………………Thursday 4:00pm – 4:45pm
USFS Youth Synchro Team…………………Friday 4:00pm – 4:45pm
Theater Team……………………………………Monday 3:45pm – 4:30pm

Please be sure to dress like you are going to the snow with a jacket and gloves. Bicycle or hockey Helmets are strongly recommended for All beginner classes
Schedule subject to change due to special events